**Vision Board**

What is a vision board?

A vision board is a collection of images/phrases that represent what you want in the FUTURE.

It is all about YOU and what YOU want.

What it is NOT:

A collage of things you like

Some categories to think about:

Words of affirmation

Health

Spirituality

Career/College

Travel

Home/Lifestyle

Where you'd like to live

Future family/significant other/friends

**Assignment Requirements**

You may choose one of two options:

1. Create a digital vision board using Smart Notebook

OR

1. Use a poster board and magazines to create your vision board (if you

choose this option you must provide your own poster board!)

**Minimum number of images: 10**

**Minimum number of words of affirmation: 5**

**Include a RESOURCE PAGE with the web address for any images used**

Things to remember –

1. Fill up the entire space…don’t leave white space
2. Put a considerate amount of effort into this assignment
3. If you are creating a digital version – SAVE OFTEN!
4. Remember – you don’t have to know right now HOW you’re going to get these things…you’ll figure that out along the way. You just need a place to start.